PRESIDENT'S MESSAGE

Welcome spring and wonderful days of sunshine and beautiful flowers in bloom and all those special things that come along with spring. I would like to say thank you to Desert Valley for hosting our last meeting. They made the meeting exciting and interesting. I received an email from Irene Wirtenberger (our Region II Advisor) who gave her report to California Association of Hospital and Health Systems and received a reply from Joan Cardellino that we are right on track and it was a lovely compliment.

As we celebrate National Volunteer Week at our Hospitals I wanted to take a moment to thank each one of you, your commitment to others make you a treasure. Your positive impact is beyond measure. You each help your hospitals accomplish more with all you do. You truly are Exceptional People.

I wanted to share with you about the article in the Daily Press On April 17th. It was a nice article under Neighbors in the paper. It talked about our breakfast meeting, the hospitals that make up our council, the speaker and the Heart of Gold Award. A little mistake in the article said that Jan Morrow received this award. It should have mentioned Lorraine Bishop as the recipient. I sent them a note to make a correction.

I look forward to our next meeting I hope to keep them exciting and encourage each of you to bring someone along with you. I know you travel a long distance and have busy schedules and commitments. I do appreciate each of you who take the time to attend our meetings.

Until next time, God Bless

Debra
Mission Statement

Our aim is to provide the necessary elements for successful networking of member auxiliaries; inspire ideas, enthusiasm, and cooperation from all members in order to provide the best possible services to our respective hospital/medical centers; to actively pursue and encourage all non-member auxiliaries/volunteer groups in San Bernardino County to become active member in our Council.

Board of Directors for 2012

President   Debra Brewer     ((909) 886 8092  (cell 909 217 5660)
   St. Bernardine Medical Center    e:mail  debabrewer@gmail.com
Vice President: Mary Gibson     (760) 247 4868
   Desert Valley Hospital    e:mail:  n/a
Secretary Rosemarie Lambert     (909) 864 0834 (cell 951 551 7335)
   St. Bernardine Medical Center    e:mail:  n/a
Treasurer  Dodie Kirk      (909) 337 7096
   Mountains Community Hospital    e:mail  Reidodie@earthlink.net
Immediate Past President  Lois VanDeSompele  (760) 951 5227
   St. Bernardine Medical Center    e:mail  lvd623@msn.com
Council Liaison Kimberly Prokopij  (909) 883 8711 X 2528
   St. Bernardine Medical Center    e:mail:  kimberlee.prokopij@dignityhealth.org
Legislative Chairperson  Jan Morrow  (760) 256 5554
   Barstow Community Hospital    e:mail  janetmrrw@yahoo.com
Membership Chairperson Elizabeth Montes  (909) 337 1764
   Mountains Community Hospital    e:mail  ctlliz@aol.com
Newsletter Chairperson  Joanne Amador  (760) 843 1039
   Victor Valley Community Hospital    e:mail:  SVL9805@verizon.net
Parliamentarian  Lorraine Bishop  (909) 886 71674
   St. Bernardine Medical Center    e:mail:  BishopF@hotmail.com
MAY PRESIDENT'S REPORTS

Barstow Community Hospital Auxiliary

NO REPORT SUBMITTED

Pat Evans
President

Community Hospital of San Bernardino Auxiliary

HAPPY SPRING TO ALL

Here at CHSB, we have had a busy beginning to spring. We had a most wonderful and profitable response to our annual “Easter Basket and Bake Sale”. We sold out and made many children happy with our Easter baskets assembled and decorated by our own auxiliary team. Joining with us at our sale was a vendor with live orchids that our customers went crazy for.

Last Monday, April 16th, we were honored with a beautiful luncheon given by our hospital, for National Volunteer Appreciation week. We each had an escort from the hospital take us to our beautifully decorated dining room. Our own Manager of Volunteer Services, Carrie Schmidt, did all of the decorating and it was a site to behold. Carrie even made all of the center pieces, invitations and programs...she is one talented lady. We are so lucky to have her.

Community Hospital’s, 28th Annual Golf Classic was April 23rd and our Auxiliary was proud to be a Platinum sponsor as well as help with various duties at the tournament. We also provided a beautiful gift basket for the silent auction.

Until next time,

Jo Anne Lines
Auxiliary President
Mountains Community Hospital Auxiliary

Greetings:

Hope all is well with everyone and may these coming months bring all of you lots of good things your way.

This report will be different from the rest of the ones that you received from us in the Roadrunner. I wanted to share with you about how our Hospital Auxiliary got started back in 1958.

In 1951 the Santa Anita Turf Club (owners of Lake Arrowhead) donated to the sisters of St. Joseph of Orange, 5 acres of land on the North Shore overlooking Lake Arrowhead. The nuns did everything a nurse’s aide would do. They fed and bathed the patients, did the laundry, washed the dishes.

In July of 1957 the first officers of the Santa Anita Auxiliary were installed. They started with a TEA and they asked friends in the community to help and it all came together. The response was overwhelming. Charmaine Johnstone was the first president of the Hospital Auxiliary. Her husband Ross was the first ambulance driver. Today, Charmaine is still an active member of our Auxiliary.

The Auxiliary budget in 1958-59 was $656 which included administrative expenses, committee activities, and membership drive. Some of their gifts to the hospital were a fracture bed, compress heater, 2 HI-Lo automatic bed, eye, ear, and nose diagnostic set, a 3 cu. ft. refrigerator and alarm(for blood), patio pavement for wheel chairs and a hydraulic gurney for ambulance. In 1968 the name was changed to Mountains Community Hospital.

(continued)

Desert Valley Hospital Auxiliary

Can't believe May is here! Our Health Fair starts on the 7th. TB testing is foremost, followed by wheelchair contests, slot machines fests for day and evening staff, and a Friday Bar-B-Que!

On April 26th we had our monthly meeting, followed by a shopping trip to a gift shop. Refreshments were served by local bakeries. It was fun finding a new specialty jewelry shop.

Our best friend, leader, mentor, Jana Bullock, set this up for us before leaving the hospital for a much needed rest and, perhaps parts unknown. She has always had our best interests at heart and will be greatly missed by the DVH.

Our Heart Center is now open. This means the new wings has added 56 much needed beds. The hospital has also received another (#6) Reuters Award for the Top 100. This is really special.

In June we will have another Bake Sale. Hopefully the proceeds will equal one scholarship for someone at VVC.

Wishing you all a wonderful summer and all its holidays. Enjoy and be safe.

Gwen Watkins, Auxiliary President
St. Bernardine Medical Center Auxiliary

Greetings to all

April was a busy month for the members of the Auxiliary. Our Membership Fair was well attended, raising awareness of the opportunity to promote our mission here at the Medical Center.

All members were treated to a delicious lunch, courtesy of the Medical Center. In celebration of National Volunteer Week the volunteers received acknowledgement of the commitment to others they make, the positive impact on the patients, visitors, and staff here at our Medical Center.

April 20th the Auxiliary hosted an Employee Appreciation Event we offered baked goods and punch to all the SBMC staff to thank them for their dedication and commitment to SBMC, and the support they give to the volunteers who work in the various service areas we support.

Our Vendor sales continue to be a successful way we can fund raise to meet our commitment to our pledge for the Heart Walk.

We are thankful for all the volunteer's who share so much with others each day they are here to support our Medical Center.

Patricia Fischer
President

Mountains Community Hospital Auxiliary (continued)

In 1970 the auxiliary bought the first ambulance for the hospital.

In 1971 the fire district took over ambulance service

In 1973 First delivery of a patient from MCH by helicopter.

Today we have over 150 volunteer members and the ones who are active volunteer their time in almost every area of the hospital. Our volunteers also make tray favors and boo bears for the children who are ill. The thrift shop is another area where our volunteers put in many hours.

Today MCH is still thriving and with our dedicated nurses, doctors, staff and volunteers, it is rated as one of the best rural hospital.

Marilyn Tolone
President of MCHA Lake Arrowhead
Our volunteer appreciation and awards luncheon was held at Spring Valley Lake Country Club in Victorville, on Monday, April 16 honoring the dedicated work of our volunteers at St. Mary Medical Center. We had over 125 Volunteers, Honorary, and Lifetime members in attendance.

In honor of the Sisters of St. Joseph of Orange 100th Jubilee year celebrating 100 Years of God’s Abundant Love; Honoring the Past, Celebrating the Present and Embracing the Future. I found this appropriate at the luncheon we honored our past – lifetime & honorary members, celebrated the present – our current volunteers and their accomplishments and we are embracing the future with open arms.

In the true spirit of giving we recognized our volunteers with each receiving a certificate with the hours and years served to our facility from one year to 31 years. In addition, each received a hand written thank you note from me and a book marker. We also honored the volunteers who had 5, 10, 15 years and up with their yearly service pins.

What a better way to honor our volunteers by donating a check for $500 to a new charity Warm Hands, Warm Hearts spear-headed by Mary Perry, RN, Employee Health. She will purchase various snacks and fill some bags to give to those less fortune than us. Each bag will touch so many lives and hopefully deepen everyone’s awareness of our many blessings as we encourage sharing what we have with others who are less fortunate.

Each year the volunteers donate money to the hospital Foundation from funds raised in our gift shop and from our various vendor sales and this year was no different. A check for $100,000 was presented to the Foundation which will go toward our five-year pledge of $500,000 toward the new hospital. The Foundation was honored to receive this donation.

Speaking of honored, the Daily Press recently honored the top 2012 Inspiring Women of the High Desert and our very own Tracey Walczak, gift shop coordinator made the final top 10! Here is an excerpt from the article:

Tracey Walczak, gift shop coordinator at St. Mary Medical Center along with 25 dedicated volunteers maintains the gift shop. They offer services to the hospital employees as well as patients and their families. Walczak said she dedicates her time at the hospital because she believes in St. Mary’s strategic goals of Perfect Care, Healthiest Communities and Sacred Encounters.

“I volunteer probably because there just seems to be a need,” she said. “It kind of warms your heart to know that you’re fulfilling a need. And I believe in St. Mary. There are so many very caring people at that institution and I’d like to see it succeed. I can’t tell you how much St. Mary appreciates us volunteers. They treat us really, really well.”

For her selfless dedication to helping the cause of the hospital, Walczak was voted one of 2012’s top 10 Daily Press Inspiring Women, congratulations!

As our volunteers move forward we embrace change to improve processes for the betterment of our patients we serve. Change is something that affects all of us. We sometimes embrace change and other times we fight change. If you take the attitude of embracing change and finding the good in it your life will be easier and happier.

Respectfully submitted,
Rebecca Miranda
Director, Volunteer Services
The Auxiliary was honored once again by our Administration with a lovely luncheon at the Spring Valley Lake Country Club. This was our annual Hours and Awards event. A big thank you is extended to Ed Matthews, Interim CEO/President and our hospital for making the day possible. We also thank all the directors who attended this luncheon. It was a wonderful day, a room beautifully decorated; hours pins and certificates were awarded and gifts for each of us. I believe I can speak for each auxilian when I say we feel privileged and honored to be volunteers at Victor Valley Community Hospital.

Amongst those receiving awards was Marguerite Steele, who has dedicated over 38,000 hours to our auxiliary. If these hours were to be translated into years, they would total almost 19 years of working full time. Congratulations, Marguerite. You truly are a dedicated volunteer and your service is greatly appreciated.

Our Ways and Means held another successful bake sale. Thanks to Arleen and Bob who were there at the crack of dawn setting up and to all who baked or worked that day, and again, thank you to our hospital staff who support us by their purchases.

Exciting news from our Gift Shop. Their new cash register will be installed shortly and this will allow them to now accept both debit and credit cards. Of course, pay roll deductions will still be a choice available to employees.

Respectfully submitted

Joanne Amador,
Auxiliary President

Reminder

I would appreciate receiving the Presidents and DVS reports for the October issue of The Roadrunner no later than October 8. Your reports can be sent by either snail mail 9805 SVL Box, Victorville 92395, or e:mail, SVL9805@verizon.net whichever is easier and/or more convenient for you.

Thank you,
Joanne
Does this list bring back memories?
How Many Do You Recall?

- Candy cigarettes
- Wax Coke-shaped bottles with colored sugar water inside
- Soda pop machines that dispensed glass bottles
- Coffee shops with tableside jukeboxes
- Blackjack, Clove and Teaberry chewing gum
- 25 cents a gallon gasoline
- Home milk delivery in glass bottles with cardboard stoppers
- Party lines
- Newsreels before the movie
- Telephone numbers with a word prefix (Drexel -5505)
- Peashooters
- Howdy Doody
- 45-rpm records
- Green Stamps
- Hi-fi’s
- Metal ice cube trays with levers
- Blue flashbulbs
- Roller skate keys
- Drive-ins
- Studebakers
- Washtub wringers
- The Fuller Brush man
- Reel to reel tape recorders
- Tinkertoys
- 15 cent Mc Donald’s hamburgers
- 5 cent packs of baseball cards with that pink slab of bubble gum
- Penny candy

I remember all of them
Marilyn Tolone

Thanks, Marilyn, for always providing us with an interesting article for the newsletter. And like you, and I'm sure like most of us, I remember all of them.

Joanne

Save the Date

The next San Bernardino County Council meeting will be October 17.
The host hospital will be Victor Valley Community Hospital

The call notice will be sent in late September with further details.

Directory Correction

Under Barstow Community Hospital, please change the e:mail address for Sharon Banbury. The correct e:mail is:

Sbanbury@san.rr.com

The initials are lower case RR

Congratulations to:

Desert Valley Hospital on the opening of their new Heart Center. This opening adds much needed beds to the High Desert area. Congratulations also on once again receiving the Reuters Award

Tracey Walczak, St. Mary Medical Center volunteer, upon being honored by the Daily Press as one of the top 10 Inspiring Women of the High Desert.

Thinking of You

Lorraine Bishop
These fit so well they should be in a dictionary.

**ADULT:**
A person who has stopped growing at both ends and is now growing in the middle.

**BEAUTY PARLOR:**
A place where women curl up and dye.

**HANDKERCHIEF:**
Cold Storage.

**INFLATION:**
Cutting money in half without damaging the paper.

**MOSQUITO:**
An insect that makes you like flies better.

**RAISIN:**
A grape with sunburn.

**SECRET:**
Something you tell to one person at a time.

**SKELETON:**
A bunch of bones with the person scraped off.

**TOOTHACHE:**
The pain that drives you to extraction.

**TOMORROW:**
One of the greatest labor saving devices of today.

**YAWN:**
An honest opinion openly expressed.

And MY Personal Favorite!!

**WRINKLES:**
Something other people have,
Similar to my character lines
Memorial Day History

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in our nation's service. There are many stories as to its actual beginnings, with over two dozen cities and towns laying claim to being the birthplace of Memorial Day. There is also evidence that organized women's groups in the South were decorating graves before the end of the Civil War. While Waterloo, N.Y. was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966, it's difficult to prove conclusively the origins of the day. It is more likely that it had many separate beginnings that culminated in General Logan giving his official proclamation on 5 May 1868 and it was first observed on 30 May 1868 when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery. It is not important who was the very first, what is important is that Memorial Day was established. Memorial Day is not about division. It is about reconciliation; it is about coming together to honor those who gave their all. It is now celebrated in almost every State on the last Monday in May (passed by Congress with the National Holiday Act of 1971.)

In 1915, inspired by the poem "In Flanders Fields," Moina Michael replied with her own poem. She then conceived of an idea to wear red poppies on Memorial Day in honor of those who died serving the nation during war. She was the first to wear one, and sold poppies to her friends and co-workers with the money going to benefit servicemen in need. Later a Madam Guerin from France was visiting the United States and learned of this new custom started by Ms. Michael and when she returned to France, made artificial red poppies to raise money for war orphaned children and widowed women. The League disbanded a year later and Madam Guerin approached the Veterans of Foreign Wars for help. Shortly before Memorial Day in 1922 the VFW became the first veterans' organization to nationally sell poppies.

Traditional observance of Memorial Day has diminished over the years. Many Americans nowadays have forgotten the meaning and traditions of Memorial Day. At many cemeteries, the graves of the fallen are increasingly ignored, neglected. Some people think the day is for honoring any and all dead, and not just those fallen in service to our country. There are a few notable exceptions. Since the late 50's on the Thursday before Memorial Day, the 1,200 soldiers of the 3d U.S. Infantry place small American flags at each of the more than 260,000 gravestones at Arlington National Cemetery. They then patrol 24 hours a day during the weekend to ensure that each flag remains standing. In 1951, the Boy Scouts and Cub Scouts of St. Louis began placing flags on the 150,000 graves at Jefferson Barracks National Cemetery as an annual Good Turn, a practice that continues to this day. More recently, beginning in 1998, on the Saturday before the observed day for Memorial Day, the Boys Scouts and Girl Scouts place a candle at each of approximately 15,300 grave sites of soldiers buried at Fredericksburg and the Spotsylvania National Military Park on Marye's Heights To help re-educate and remind Americans of the true meaning of Memorial Day, the "National Moment of Remembrance" resolution was passed on Dec 2000 which asks that at 3 p.m. local time, for all Americans "To voluntarily and informally observe in their own way a Moment of remembrance and respect, pausing from whatever they are doing for a moment of silence or listening to 'Taps.'" Set aside one day out of the year for the nation to get together to remember, reflect and honor those who have given their all in service to their country.

And while Memorial Day commemorates those who have given their all in service to our country, let us not forget those who have served or who currently are serving in our military. No matter what your political stance, no matter if you agree or disagree with those in office or those running for office, no matter what your feeling are about the Middle East, what does matter is that the next time you see someone in uniform, that you take the time to thank him/her for their service. Remember, they are the ones preserving and protecting your right to agree or disagree.