



changing times

constant mission

California Hospital Association presents

The 3rd Annual Behavioral Health Care Symposium

December 8–9, 2008

Historic Mission Inn and the Riverside Convention Center



**CALIFORNIA
HOSPITAL
ASSOCIATION**

Center for Behavioral Health

8:00 – 10:30 a.m.	Registration/Check-in	MI – Ramona Court
11:00 a.m. – 1:00 p.m.	Registration/Check-in	RCC – Foyer
8:30 – 11:45 a.m.	Board Meeting The Center for Behavioral Healthcare leadership will conduct their final board meeting for 2008. Symposium attendees are invited to hear about the board's plans for the upcoming year, and policy and advocacy efforts on behalf of freestanding psychiatric and general acute care units.	MI – Music Room
1:00 – 1:15 p.m.	Opening and Welcome <i>Sheree Kruckenberg, Vice President, Behavioral Health Care, California Hospital Association; and Joe Walker, MD, Psychiatrist, California Pacific Medical Center and Chair, Behavioral Healthcare Center Advisory Board</i>	RCC – Raincross Ballroom
1:15 – 2:15 p.m.	Keynote: A Personal Journey Through a System in Crisis <i>Peter Earley, Author and Former Washington Post Journalist</i> It's a helpless feeling—your child needs help, but you can't get it for him. Peter Earley experienced this firsthand when his college-age son became ill with bipolar disorder and was arrested. Earley recounts the tale in his Pulitzer Prize-nominated book, <i>CRAZY: A Father's Search Through America's Mental Health Madness</i> . Earley will share his insights on the care mental health patients receive and how we can influence change.	RCC – Raincross Ballroom
2:15 – 3:15 p.m.	Veterans with Post Traumatic Stress Disorder and Traumatic Brain Injury <i>Curtis Rouanzoin, PhD, Senior Facilitator, EMDR</i> Increasingly, our facilities are treating service personnel suffering from Post Traumatic Stress Disorder (PTSD). Complicating matters, many veterans also suffer from co-morbidities such as traumatic brain injury (TBI). Find out about the current challenges facing providers, treatment strategies for PTSD and TBI, and gain information on how to meet the needs of veterans to come.	RCC – Raincross Ballroom
3:15 – 3:30 p.m.	Best Practices Poster Session Presentations Gather great ideas on proven workplace policies and procedures to help improve mental health care in your facility.	RCC – Raincross Ballroom
3:30 – 3:45 p.m.	Break	
3:45 – 4:45 p.m.	Breakout Sessions (choose one) Clinical Track—Dementia, Delirium & Depression: Understanding the Three Ds to Better Serve Patients <i>Paul McMahon, Psychologist, Loma Linda Medical Center</i> Dementia, delirium and depression are often found together in patients. This overlap makes patients not only difficult to diagnose, but also to treat properly. This session will examine the three Ds, where they cross over and diverge, and analyze industry trends that are impacting patient care, staffing and reimbursement. You'll also learn why there's still hope for treatment.	RCC – Raincross Ballroom
	Operational Track—Managing Your Team: Staying Compliant in a Complex Labor Environment <i>Gail Blanchard-Saiger, Vice President, Labor & Employment, California Hospital Association</i> You are a strong supervisor—you manage teams of people, ensure high quality patient care, show good judgement and common sense. But that's not enough. As management, you also have to be on top of the complicated rules and regulations governing the employment relationship. This session will examine the hot spots in labor and employment and help you stay compliant.	RCC – La Sierra
4:45 – 5:00 p.m.	Break	
5:00 – 7:00 p.m.	Attendee Reception Unwind and network with your colleagues in the relaxed setting of the Historic Mission Inn, decorated with the memorable holiday display known as the "Festival of Lights."	MI – Spanish Gallery



7:30 – 8:30 a.m.	<p>Breakfast Roundtables</p> <p>Join your colleagues for a hearty breakfast and stimulating conversation at our roundtable discussion groups. Experts will field questions and facilitate discussion on the following topics: employment and labor law, The Joint Commission Core Measures development, operational viability of psychiatric units, using CHA’s DataSuite for behavioral data, and the successes and challenges of the Mental Health Services Act.</p>	RCC – Raincross Ballroom
8:30 – 9:45 a.m.	<p>Panel Report: Partnering for Success with the Mental Health Services Act <i>Sheree Kruckenberg, Vice President, Behavioral Health Care, California Hospital Association; Hospital Association Regional Vice Presidents: Suzanne Ness, Hospital Council of Northern & Central California, and Christina Bivona-Tellez, BSN, MPH, Hospital Association of Southern California; and Peggie Webb, Executive Director, Mosaic Connections, Inc.</i></p> <p>Through partnering opportunities made possible by the Mental Health Services Act, a growing number of hospitals and community stakeholders have formed innovative programs that you will want to know about. This session will showcase successful regional programs and help you discover the resources needed to launch your own programs and create a bridge to community mental health services.</p>	RCC – Raincross Ballroom
9:45 – 10:45 a.m.	<p>Pharmacy Compliance in the Behavioral Health Environment <i>Loriann De Martini, PharmD, Chief Pharmaceutical Consultant, California Department of Public Health</i></p> <p>Managing medications for our behavioral patients is a complicated task. And, staying abreast of the rules and regulations governing safe medication management has never been more important. Learn about the current federal and state statutes and regulations in place to help ensure appropriate pharmacy services are provided to behavioral health patients. Understand and appreciate the complexity that exists when patients are being treated with medications for both a medical and mental health condition in inpatient psychiatric settings.</p>	RCC – Raincross Ballroom
10:45 – 11:00 a.m.	Break	
11:00 a.m. – Noon	<p>Breakout Sessions (choose one)</p> <p>Clinical Track—“Reading the Signals” to Improve Suicide Assessment <i>Lauren R. Ball, MSW, LCSW, BCD, Director, Social Services and Youth Services, Loma Linda University Behavioral Medicine Center</i></p> <p>Who meets the profile of an at-risk patient? What are the signals? This session will help clinicians understand the risk factors for patients, clear up common misconceptions, and provide instruction on how to manage critical decision-making for both in- and out-patient settings. Take home suicide assessment tools to help you better evaluate your patients.</p> <p>Operational Track—Changing the Culture to Minimize Restraint <i>Marlene Nadler-Moodie, MSN, RN, PMHCNS-BC, Clinical Nurse Specialist, Psychiatric Consultation, Liaison, Scripps Mercy Hospital; and Paul Ascarate, PhD, Director of Clinical Services, BHC Alhambra Hospital</i></p> <p>A minimal-restraint culture is a ‘win-win-win’ situation—for patients, for staff and for the facility. Patients are easier to manage and have shorter lengths of stay, staff feel supported and are retained longer, and facilities are less likely to incur costly violations. Representatives of two facilities will share their strategies for gaining management buy-in, staff education and training techniques, and best practices that promote culture change.</p>	RCC – La Sierra RCC – Raincross Ballroom

12:15 – 1:30 p.m.	<p>Hosted Luncheon at the Historic Mission Inn Presentation of the Šimanek Distinguished Service Award.</p>	MI – Music Room
1:30 – 1:45 p.m.	Break	
1:45 – 2:45 p.m.	<p>Breakout Sessions (choose one) Clinical Track—Raising Awareness to Help Manage Self-Injurious Behaviors <i>Susan Hagerman, LCSW, SHIELD Grant Manager, Loma Linda University Behavioral Medicine Center</i> Can you see my pain? That’s what a cut and other self-injurious behaviors are “saying” to the clinician. The session will increase your understanding of this complex, self-destructive behavior, explain treatment options and review methods clinicians can use to help patients work with their emotions and regain control. Learn about a promising treatment modality—Dialectical Behavioral Therapy—that emphasizes a calm response to help manage self-injurious behaviors.</p> <p>Operational Track—Psychiatric Patients & EMTALA: Managing the Challenges <i>Kelly Valente, PharmD, Pharmacist Surveyor-EMTALA Lead, Centers for Medicare & Medicaid Services, Region IX; and</i> <i>M. Steven Lipton, Partner, Davis Wright Tremaine, LLP</i> Now that 30 of California’s 58 counties are without inpatient psychiatric beds, patients fill our emergency rooms—whether or not we have the capacity or capability to care for them. To complicate matters, many providers fear an EMTALA violation if they turn a patient away. This session will provide a brief overview of EMTALA, explain how it applies to psychiatric patients and what constitutes a violation. The complexities of LPS- and non LPS-designated facilities and law enforcement will also be discussed.</p>	<p>RCC – La Sierra</p> <p>RCC – Raincross Ballroom</p>
2:45 – 3:00 p.m.	Break	
3:00 – 4:00 p.m.	<p>Hospital-based Inpatient Psychiatric Services Core Measures <i>Sharon Sprenger, Senior Advisor, Measurement Outreach, Division of Quality Measurement & Research, The Joint Commission; and</i> <i>Randi Hackbarth, RN, MPA, Director of Nursing & Patient Care Services, John Muir Behavioral Health Center</i> The Joint Commission’s (TJC) Hospital-based Inpatient Psychiatric Services (HBIPS) Core Measures were released in October 2008. TJC will provide participants with an overview of the new core measures and explain how they will be used as part of the accreditation process. Participants from the year-long pilot program which served as a test site for HBIPS measures will share their experiences and insights into the process.</p>	RCC – Raincross Ballroom
4:00 – 4:15 p.m.	Closing Comments	

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MI – Mission Inn
 RCC – Riverside Convention Center