California Hospital Association presents the 1st Annual
Behavioral Health Care Symposium

March 20-21, 2006

A symposium for in- and out-patient hospital-based health care providers treating behavioral and substance abuse patients

Historic Mission Inn, Riverside
Welcome to the Mission Inn

Encompassing an entire city block in the heart of Southern California’s downtown Riverside, the Mission Inn is close to historic sites, antique shopping and museums.

Come and explore all the Mission Inn has to offer.

Monday, March 20
10:00 am – 3:00 pm
Center for Behavioral Health Board of Directors Meeting

All Symposium attendees are invited to attend this quarterly planning meeting. Find out what the Center for Behavioral Health Board has planned for 2006, discuss issues of importance to psychiatric providers, review legislation and discuss plans of action. This is a working meeting and lunch will be served. A small payment is required for the luncheon.

3:00 – 5:00 pm
Symposium Registration & Check In

5:00 – 7:00 pm
Behavioral Health Care Symposium Welcome Reception

Join your peers for wine, hors d’oeuvres and networking.

Tuesday, March 21
8:00 – 8:30 am
Symposium Registration & Check In, Light Continental Breakfast

8:30 – 8:45 am
Welcome & Opening Comments

Christina M. Bivona-Tellez, RN, Chair, Center for Behavioral Health Advisory Board, Board of Directors and Director of Nursing Services, Loma Linda University Behavioral Medical Center. Grace Kruckenberg, Vice President, Center for Behavioral Health, California Hospital Association.

8:45 – 10:00 am
Keynotes

Treatment Trends You Can’t See—Mental Health Services for Katrina Evacuees

Ri Vemuri, PhD, Forensic and Clinical Psychologist, Sharpener Future, A Division of Pacific Forensic Psychology and Mark Reese, Chaplain, University of California, San Diego Medical Center

The unthinkable happened in the Gulf Coast—a hurricane and flood of epiprortion. With support services wiped out, health care teams mobilized from across the country to set up satellite hospitals. One such hospital was established at the New Orleans International Airport to provide both acute and mental health care services. Hear first hand how the facility was set up, what mental health services were provided, and how the staff helped a literal flood of patients through this crisis. The impact on the mental health staff as they worked to support the evacuees will also be shared.

10:15 – 11:30 am
Mental Health Check Up for California—Where We Are Now

Carol Hood, Deputy Director, System of Care, Department of Mental Health and Patricia Ryan, Executive Director, California Mental Health Directors Association

Important changes are in the works at both state and county levels. The Department of Mental Health will explain how it plans to coordinate and manage a significant influx of revenue resulting from the implementation of the Mental Health Services Act (MHSA) Propostion 63. A broad overview of the major community mental health revenue streams, including Medi-Cal, Realignment and the MHSA, will also be provided along with a discussion of the counties’ challenges in managing these revenue sources.

11:30 am – 12:15 pm
Hosted Luncheon

12:15 – 1:00 pm
The Impact of the Mental Health Services Act (Proposition 63)

Darrell Steinberg, of Counsel, Hamon, Bridgett, Marcu, Vlahos & Rady, LLP and Chair, Mental Health Services Oversight and Accountability Commission.

In this session you’ll hear how the Oversight and Accountability Commission operates, their plans for the MHSA funding, and the Commission’s vision for transforming the mental health system.

1:00 – 1:15 pm
Behavioral Health Policy Update

C. Duane Dauner, President, California Hospital Association

The political landscape is ever changing. How does CHA plan to meet the unique needs of the behavioral health members? Find out what the association is doing to effectively represent the interests of hospital-based mental health providers and the patients they serve. A briefing on the “Tobacco Act of 2006 and the potential impact on emergency services for mental health patients will also be provided.

1:30 – 2:30 pm Break-out Sessions (choose one)

Exploring Advances in Treatment for Major Depression

Gerald A. Maguire, MD, Associate Professor of Clinical Psychiatry, Director of Residency Training and Associate Dean, Continuing Medical Education, Department of Psychiatry and Human Behavior, University of California, Irvine, School of Medicine

While major depressive disorder is one of the most commonly diagnosed mental health illnesses, determining the best treatment for patients can be challenging. Two major treatment avenues, pharmacology and electroconvulsive therapy (ECT), have long histories in the treatment of depression. In this session, you’ll learn about their effectiveness through the years and also explore a new treatment—vagus nerve stimulation (VNS). Diagnosed users as a treatment for controlling epileptic seizures, VNS is now gaining a following as an effective alternative treatment for depression.

Dual Diagnosis Patients—Treatment Strategies for Successful Recovery

Cindy Bolier, MS, CS, Clinical Nurse Specialist, John Muir Behavioral Health Center

According to the Journal of the American Medical Association, 28 percent of patients diagnosed with mental illness also suffer from substance abuse. Dual diagnosis patients are increasingly common, but there are no easy answers to treatment. Which disease developed first? How do you tell which is the primary disease? Learn about dual diagnosis patients, their unique treatment challenges, and recommended methods for successful outcomes in this informative session.

3:45 – 4:00 pm Closing Comments

Shere Kruckenberg, Vice President, Center for Behavioral Health, California Hospital Association

An Invitation from the Board

Dear Colleague,

On behalf of the California Hospital Association, the Center for Behavioral Health and its Board of Directors, it is a pleasure to invite you to the First Annual Behavioral Health Care Symposium. This program—the first of many to come—is set for March 20-21 at the historic Mission Inn in Riverside.

Keeping pace with the rapidly changing mental health care environment is a challenge. Our expert faculty will meet that challenge head on by providing you with useful information as well as practical clinical and operational information you can use in your day-to-day work.

Who should attend this symposium? CEOs, psychiatric administrators and managers, chiefs of nursing, and clinical directors would all benefit. This conference will provide you with the information you need to keep up with your demanding job.

This gathering also provides a great avenue for networking—it’s the perfect opportunity to meet, mingle and share ideas with other mental health care professionals.

And, on behalf of the Center, I would like to thank this year’s sponsors. We are fortunate to have their generous support for our important and informative conference.

I look forward to seeing you in Riverside!

Christina M. Bivona-Tellez, RN
Chair, Center for Behavioral Health Advisory Board
Director of Nursing Services, Loma Linda University Behavioral Medical Center, Redlands

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4:00 – 5:00 pm
Travel with the Symposium to the Historic Mission Inn and the Mission Inn Golf Club

For the benefit of the Symposium attendees, the California Hospital Association has reserved a block of rooms at the Historic Mission Inn. Both a special symposium rate and the room rate for the conference are available. Attendees may check into their rooms beginning at 3:00 pm on March 20 and check out by 12:00 noon on March 22. Upon arrival, please check in at the Mission Inn and proceed directly to their room. Following the conclusion of the Symposium, the California Hospital Association has arranged for a special Symposi
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Psychology and Mark Reeves, Chaplain, University of California, San Diego Medical Center
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