

# Medical clearance criteria for Inpatient Psychiatric treatment For St Josephs' Behavioral Health Center

## Basic screening required for all persons

- Vital signs  
Heart rate: > 50, < 120  
Respiratory rate: >12, < 24  
Systolic B/P > 90, < 180  
Diastolic B/P > 50, < 110  
Temp < 100.4
- Complete metabolic panel
- CBC
- Urine toxicology screen
- Urine pregnancy test for females of childbearing age

## Screening for persons with current/recent treatment regimens

- EKG-for persons with history of cardiac problems or currently on psychotropic medications with black box warnings for potential changes in cardiac function or other medications with warnings for same. (applies to many psychotropic medications )
- INR-for persons on anticoagulant therapy
- Therapeutic drug monitoring current level for any indicated medication

## Screening for intoxicated persons or suspected drug overdose

- BAL of .12 or less (or blood level equivalent)
- Tylenol level in non-toxic range.
- Declining drug levels and improved level of consciousness

## Documentation (require information to be faxed prior to evaluation and/or admission)

- ED physicians complete assessment and medical care with treatment recommendations for identified medical problems.
- Medication reconciliation
- Nursing notes
- Results of required diagnostic tests (EKG, therapeutic drug monitoring, blood sugars etc)

## Please note:

- All patients requiring behavioral evaluation must be conscious and responsive to verbal stimuli.
- Completion of medical clearance does not guarantee admission to St Josephs' behavioral health center but will expedite placement if indicated. (SJBHC)
- **The above recommendations are not a substitute for clinical judgment, nor should your examination be limited to the requested labs.**