Finding Your "Yes"

“When a struggle enters your life, be vigilant in every breathing moment to seek and find the good that is going to come from it. Search with ferocity. Have an unbending belief. The day will come when your heart can smile and rest. If nothing else, your pain can sculpt your spirit and bring you the greatest of gifts... a humbleness, a generosity of spirit, and a quiet strength.” —Allison Massari