November 2013

Tahoe Forest Hospital District Auxiliary Newsletter

The Pulse

Presidents Message – David Nahrvar

I had the pleasure of meeting two new volunteers, Wayne and Nancy Snyder, and welcomed them to our community. Happy to see that in 2013, we were again able to award three $500 scholarships to individuals entering the medical field. I was pleased to have recently received a thank you note from one of the scholarship recipients. Our goal is to continue providing three scholarships each year.

The Auxiliary Volunteer Holiday Party has been scheduled for Thursday December 12 at the home of Pat Hemig. We are currently working on the Auxiliary Volunteer Holiday Party logistics. We will be communicating the arrangements to all members once we have finalized the details. I am looking forward to this annual event in the hope of meeting additional auxiliary volunteers.

I am proud of being part of this giving community as I hear a lot of praising comments about our volunteers from different departments.

Information from Ann Mazzini

On the afternoon of December 3, we have scheduled HIPAA training for our Auxiliary Volunteers.

Why as volunteers are we involved with HIPAA training? It is everyone’s responsibility to take the confidentiality of patient or client information seriously. Anytime volunteers come in contact with patient or client information written, spoken or electronically transmitted, they become involved with some facet of the HIPAA regulations. It is for this reason that the law requires awareness training for all health care personnel, including volunteers.

Our training objectives are to have you:
- Understand what HIPAA is
- Know the meaning of Protected Health Information
- Understand the importance of it
- Understand patient rights
- Know the consequences for non-compliance with the law
- Recognized the importance of making a renewed commitment to patient confidentiality

Denise Hunt, Director, HIM will present the who, why and how of HIPAA.

This is a do not miss training session. You will receive future communications confirming date, time and how to RSVP. Look forward to seeing you there!

A reminder for those who have not gotten your Flu Vaccine...it’s that time of year! Flu shots are here and available in Occupational Health (OH) Monday-Wednesday and Friday 8am-3pm, Thursday 9am-3pm for all employees, physicians and volunteers. You must show your volunteer ID badge to receive your flu vaccine and your 2013 - 2014 flu protection card. If you choose to decline the flu vaccine, you are required to go to OH to sign a form stating you decline a flu shot. You will receive a flu card that is a different color. This will alert staff that you must wear a mask during a flu outbreak. Our OH will advise us if and when an epidemic hits. If you received your flu shot from another source, please bring proof to OH along with your volunteer badge to receive your flu protection card. Questions about the flu vaccine should be directed to Occupational Health at 530 582-3277.

Some of you may have received a mysterious envelope...with nothing in it. The mystery has been solved!! The Holiday Elves were feeling a bit mischievous when they gave Tahoe Forest Hospital Holiday party envelopes to the mailman for mailing. Some the envelopes were mailed without the invitation! Good thing Santa has them on his radar.

You are invited to the Tahoe Forest Hospital Holiday Party being held at the Grand Sierra Resort and Casino, Reno Nevada, December 7. The cost per volunteer is $10. If you wish to bring a guest you only pay an additional $15. RSVP’s are due by November 27. Extra invitations are in the Auxiliary Office.

The Gift Tree is taking orders for See’s Candy!! The orders will be taken in the Gift Tree November 1 – 25 with delivery dates of December 11 -16.
Department Reports

Ambulatory Surgery Report - Isabella Auten
Our communication log is working out beautifully. It gives me a chance to know what is going on when I am not there such as peoples’ concerns, what their shift was like, etc. I can then respond to them. Our new volunteer, Rebecca Kwong is a welcome addition to our ASD volunteers. Ambulatory Surgery continues to be very busy with surgeries and registering patients for lab work. We have a wonderful group of volunteers. It is a pleasure to work with them. Everything is running smoothly.

ER Report – Phyllis Steele
The Emergency Department hums along. The staff is working without three of their patient rooms and a lot of storage and office space. If you are looking for me, I will be in the corner of the waiting room using an overbed table for a desk. Everyone is looking forward to the day the new area opens. Due to fewer visits and that a great deal of my previous paper work is on the computers, I can handle it all in just one day a week.

LTC/ECC Report – Marie Clukey
On Saturday, September 14, LTC volunteers Bert and Mary Guerra, Maryellen Wilson and Marie Clukey gathered at the Regional Park to meet with Martha Waters and some residents for a walk along the Legacy Trail. The cool crisp morning air was enjoyable as was meeting numerous people and their pets along the way. Photos to remember the occasion were taken by a newlywed couple the group happened to encounter. Annie Guerra and Jennie Crosby helped with the walk as well.

The residents of LTC/ECC were delighted to meet Mariel Lecuyer and the newest Bingo Caller, Patrick Betson. Patrick has graciously taken on the duties of Thursday Bingo Calling. Speaking of Bingo, the residents were a wee bit saddened to bid Maryellen Wilson and Tom McAllister farewell for the winter. The residents wish a speedy recovery to Sandy. The residents are most appreciative of the dependable Bingo substitutes, Rita Holtebeck and Juanita Schneider.

Women’s & Family Center/OB Report – Ginny Topol
Our OB department had a pretty busy summer season. Babies Born: July – 38, August – 27 and September – 34. The unit was fortunate to be well staffed. We have awesome Per Diem nurses, who fill in so that the staff nurses can take vacation time, continuing education, etc.

The move to the Med/Surg unit is now scheduled for mid-January which will allow us to work thru the holidays in the present unit while construction begins in Med/Surg. We have no idea where the volunteers work area will be relocated. Stay tuned!

Volunteer Hours & Number of Active Volunteers Who Contributed Each Month

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<tr>
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Spotlight on Lorraine Moore

Lorraine (Lorrie) joined the Auxiliary in March 2011 and is a volunteer in the Gift Tree. She was educated at UCSF School of Nursing. Her working career was as a public health nurse in Santa Clara Co. She has been married to George for 55 years! They retired to Truckee in 1993. Her avocation has become gardening. Her yard has been on the Lake of the Sky Garden Tour several times. She has raised seven puppies for Canine Companions for Independence. They have two dogs: one is a retired breeder and the other is one who did not make the grade as a working dog.

She enjoys playing bridge twice a week in the area. The Moore’s have had the opportunity to travel to some interesting places in the world.
Birthdays
11/02 – Mariel Lecuyer
11/02 – Bill Forni
11/05 – Nancy Snyder
11/09 – Nancy Cline
11/10 – Vivian Wakefield
11/11 – Thelma Nelson
11/11 – Jazmin Sanchez
11/12 – Angela White
11/13 – Irene Garvey
11/15 – Criss Rojas
11/19 – Rita Holtebeck
12/01 – Jon Bloodworth
12/07 – Marilyn Elgas
12/09 – Mary Guerra
12/09 – Lynette Powell
12/12 – JoAnn McDermott
12/16 – Julie Bryant
12/17 – Juanita Schneider
12/23 – Joseph Lamb
12/26 – Mary Jo McAllister
01/25 – Margaret Abbott
01/25 – Bette Rohrback

Senior Pancake Breakfast
October 2013

Another successful October Pancake Breakfast is under our belts. The annual event is always busy; however, it is always a lot of fun.

Set-up was completed by Rita Holtebeck, Ted and Grace Norgard and Marie Clukey. The kitchen staff included Phyllis Steele and Lorrie Moore as the food servers, Paul Daly and Karen Johns took their shifts as pancake flippers. Sandy Gautschi found her calling in cracking egg while the egg cooker has chosen to remain anonymous. Joan Bush, Grace Norgard, and Rita Holtebeck were servers. Dale Bush and Ted Norgard were relegated to dishwashing services as was Dave Holtebeck. The clean-up staff looked familiar (same clean-up crew as last year) Irene Garvey, Rita and Dave Holtebeck and Marie Clukey handled the tasks of rubbing, scrubbing and putting away.

While auxiliary servers were limited in quantity, thankfully, members of local Girl Scout Troops came to our rescue. From Troop 692: Morgan Just, Vanessa Koster, Ava Pekarek, Jasmine Posada and Deanna Sunnergren were joined by their troop leader, Sonya Koster. From Troop 461: Olivia Koster and from Troop 326: Elsa Pekarek. The TFHD Auxiliary is extremely grateful for the effort these young ladies brought forth.

Welcome New Members
Patrick Betson
Moriah McGraw
Mariel Lecuyer
Nancy Snyder
Wayne Snyder

Save the Date
12/3 – HIPAA Training
12/7 – TFHD Holiday Party, Grand Sierra Resort
12/12 – Auxiliary Holiday Party, Pat Hemig’s home

Can you spare a few....
If any of you are cleaning out closets or drawers and come across old jewelry, scarves, new baseball caps or small trinkets that you no longer love, would you consider donating them for the Bingo Prize Cart. Tahoe Forest Hospital is a fragrance free zone so items such as scented candles, scented soaps, and perfumes are not suitable. Any items you wish to donate may be left in the Auxiliary Office or you may deliver them to Jackie or Martha in LTC/ECC.

Gift Tree Report
The Gift Tree is gearing up for the holiday season. Some of our gift items are new to the shop, while others are old popular friends. All profits go back to the hospital because we have a great group of volunteers who staff the shop.

Treasurer Report
Our Treasurer, Irene King, is away enjoying time as a Grandmother for a second time with her beautiful grandchild. We wish her and her family the best. Our president, David, has stepped in to handle the treasurer function logistics such as Gift Tree transactions, bill payments and deposits. The BOE payment is due and will be paid at the end of October.

If you have any suggestions regarding what financial information you would like to see or know about, please feel free to send an email to Irene King at aiking@comcast.net
Inspirational Quotes

Great minds discuss ideas; average minds discuss events; small minds discuss people.
Unknown

Volunteers are the only human beings on the face of the earth who reflect this nation’s compassion, unselfish caring, patience, and just plain loving one another.
Erma Bombeck

I have not failed. I have just found 10,000 ways that won’t work.
Thomas A. Edison

The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively.
Bob Marley

You cannot solve a problem with the same mind that created it.
Albert Einstein

Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.
John Wooden

Dance like the photo’s not being tagged. Love like you’ve never been unfriended. Sing like nobody’s following. Share like you care. And do it all like it won’t end up on youtube!
Unknown

The Pulse welcomes volunteer submissions for our newsletter. If you have an item for submission, please forward it to Marie Clukey, Auxiliary Secretary. Deadlines for submissions are: October 15, January 15, April 15 and July 15. We’d love to hear from you!