Thoughts from your Auxiliary President

We are definitely heading toward summer! The signs are everywhere—graduation, lots of children out and about, roses at their best, preparations for vacations and visits from family and friends. This month, we take the opportunity to recognize our talented and conscientious columnists who, on a regular basis, provide the information we volunteers at John Muir Walnut Creek need to keep us up-to-date and fully functioning. Of course, our star behind the scenes is Irene Mende, our faithful editor. She never lets us down and always does her job with a sense of calm and endless good humor. We are fortunate, indeed, to have such a steadfast and creative Muir Missile Editor.

Roxanne Foster contributes monthly and provides us with the very latest in John Muir Health news and Volunteer Department developments at John Muir Medical Center, Walnut Creek. From parking to policy to in-service updates, we are well-informed, thanks to Roxanne.

John Gruenstein, is a relatively new contributor, with his Music Box articles, sharing with us the joys of being a volunteer musician at JMMC, Walnut Creek. Through him we meet new volunteer musicians and are given glimpses of the healing magic of music experienced on the units and in the patient rooms.

With her enthusiastic reporting about the latest in display in the Muir Galleria Gift Shop, Manager Karen Chantri never fails to come up with many good reasons for us to go and check it all out! I must confess I have done more than my share of buying there, and it is all Karen’s fault! Come rain or shine, Karen produces a bright and cheery column. Linda Laituri is the Garret Thrift Shop’s ace reporter. I just love reading her articles—for lots of reasons. There is always something to learn from Linda. She educates us each month with snippets of information about ancient rituals, science, history, literature, customs—you name it! Linda makes the Garret come alive with personal sketches of our volunteers there and lively descriptions of treasures to be found on a daily basis.

With extraordinary skill, Mauna Wagner has been writing the Docent column for awhile. She usually reports on the most recent speaker at the latest Docent meeting. The speakers come from all departments and areas of the medical center and focus on information that the Docents might need as background for the many tours they give throughout each month. Mauna’s articles are always interesting and informative, and she keeps us up on important medical and scientific developments within departments at John Muir.

Our newest columnist is Dirk Owens, who reports on Public Policy pertaining to health care legislation, using information from the California Hospital Association website and citing related articles from other news media. Dirk packs his articles with pertinent facts and figures, and his engaging columns have generated much interest recently.

Bev Riggs and Barb Neale keep us aware of the meetings, progress and needs of our Yarns R Us group. Bev is our expert on the Golf Tournament, too. Larry Gordon creates our spring and summer golf flyviers each year—a different, clever one each month. Karen Worthington has reported on our scholarship programs over the last few years, as well as updating our Palliative Care Project, and Patti Sparks introduces us twice yearly to our new student volunteers. Kay Andrade, our Art Show Chairman, makes sure that we are aware of what Art Exhibit is on display in the Aspen Hallway and what art association will be showing there soon. The Wig Source staff has a space in our newsletter to keep us abreast of their volunteer service at the Women’s Health Center and to inform us of their involvement in the greater community. JoAnne Perkins posts our Auxiliary Calendar in the Missile and ensures that we know when and where to meet. We have additional columnists, particularly in the months following the important CAHHS Conference, which takes place early in the year and is a key resource for our Auxiliary leaders.

And finally, we pay tribute to Carlo in the Copy Room, who for many years has printed our newsletter and been endlessly patient when we have pushed him close to deadlines and made changes along the way! He and Ben, his co-worker, have been most kind to us.

Thank you to all who take the time to contribute so generously to the newsletter, including, of course, our stellar Missile Mailing crew underBev Riggs and Barb Neale keep us aware of the meetings, progress and needs of our Yarns R Us group. Bev is our expert on the Golf Tournament, too. Larry Gordon creates our spring and summer golf flyers each year—a different, clever one each month. Karen Worthington has reported on our scholarship programs over the last few years, as well as updating our Palliative Care Project, and Patti Sparks introduces us twice yearly to our new student volunteers. Kay Andrade, our Art Show Chairman, makes sure that we are aware of what Art Exhibit is on display in the Aspen Hallway and what art association will be showing there soon. The Wig Source staff has a space in our newsletter to keep us abreast of their volunteer service at the Women’s Health Center and to inform us of their involvement in the greater community. JoAnne Perkins posts our Auxiliary Calendar in the Missile and ensures that we know when and where to meet. We have additional columnists, particularly in the months following the important CAHHS Conference, which takes place early in the year and is a key resource for our Auxiliary leaders.

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Thank you to all who take the time to contribute so generously to the newsletter, including, of course, our stellar Missile Mailing crew under the able direction of Larry Gordon. We are grateful to each of you

ON TO SUMMER, WE GO!

Sis
Announcing the 2012 JMMC Auxiliary Student Scholarship Recipients

Please join me in congratulating this year’s high school senior student volunteer scholarship recipients who have truly gone above and beyond! This group was one of the most exceptional we’ve ever interviewed, and we know you’ll be hearing great things from them in the years ahead.

The 2012 JMMC Auxiliary Student Volunteer Scholarships were awarded to 14 extremely deserving students. I would like to thank the wonderful members of the Scholarship Selection Committee: Bob Gangi, Auxiliary VP/Community Relations, Sis Connolly, Auxiliary President; Dudley Ellis, an in-service volunteer with Messenger/Escort, and Julie Stromberg, Director of Emergency Services. With their astute assistance, we conducted 15-minute interviews with all applicants the evenings of April 23 and 24. Choosing our recipients was a daunting task, as the students were qualified and diverse. Needless to say, it was a very positive and amazing experience.

The students were presented their certificates at the Senior Appreciation Dinner on May 15 in the Ball Auditorium. Patti Sparks conducted the entire evening, including a wonderful dinner, for our students and their families, plus student speeches, administration speeches and a foray into perseverance from our guest speaker, Dr. Rubsamen, Diplomate, American Board of Anesthesiology. Our thanks go to Patti for such a well-planned and festive evening.

Our $2,000 Recipients are:
Andrew Abesamis, De La Salle
Michael Baltz, De La Salle
Kevin Costello, De La Salle
Marissa Lee, San Ramon High
Patrick Rabago, De La Salle
Michael Sarvi, Monte Vista

Our $3,000 Recipients are:
Shannon Cherayil, Miramonte
Katey DeSanti, Ygnacio Valley
Haley Harmon, Carondolet

Our $4,000 Recipients are:
Raul Hasbun, Ygnacio Valley
Nicole Hohenstein, Carondolet
Elizabeth Ivy, Las Lomas
Sachal Nanda, Monte Vista
Bryan Ryba, De La Salle

Our congratulations go out to all of our wonderful high school student volunteers and scholarship recipients. Their accomplishments, plus wonderful qualities and contributions they have shown us at John Muir Medical Center, have started them on their path to success in life. We wish them luck in completing their career goals and hope they keep in touch.

Karen Worthington: Student Scholarship Committee member

COULD YOUR YARNS BE YARNS FOR US ???

If you have balls or skeins of yarn that need a new home, we need yarn! Our volunteers at Yarns R Us are busy knitting and crocheting lap robes for John Muir Walnut Creek patients. We can take any color, but please, no wool. Some of you may have started a project but gave up: we can take that off your hands and reuse the yarn! It can be dropped off at the Volunteer Office (just put Yarns R Us on it) and it will be given to us. We have about 70 volunteers who supply their own materials so your donations will really be appreciated. Thanks in advance for your help and support.

If you would like to stop by to see what we are doing, our next meeting will be on Tuesday, July 10 at the Women’s Health Center in downtown Walnut Creek. We meet on a drop-in basis from 9:30 to noon. The best place to park is across the street at the Dean Lesher Parking Lot at Civic and Locust. Call if you have any questions.

Barbara Neale: (925) 939-3597 and/or Beverly Riggs: (925) 829-4188

Editor’s Notes... THERE IS NO NEWSLETTER IN JULY... Happy Holidays wherever you travel.

The August newsletter deadline is ...Friday Noon, July 27, 2012. Delivery options are as follows...

E mail. your copy ...to sisconnolly@sbcglobal.net and to irene_mende@yahoo.com

Please use Arial 10 font with single line spacing.

Only one single space after each period between sentences is required.

Type Muir Missile on the subject line, before sending. All TYPED hard copies and/or notes should be placed in the EDITOR’s folder.
“Dog Days” are the hottest, most sultry days of summer. The term stems from the ancient belief that Sirius, brightest star in the constellation Canis Major, (Great Dog) was responsible for the hot weather because of its close proximity to the sun. The name, Sirius, (Dog Star) means glowing or scorcher.

Here at the Garret, we will usher in those Dog Days of Summer with a “glowing, scorcher” of a promo as part of our “summertime at the Garret” extravaganza! Before that can take place, however, you won’t want to miss our storewide clearance sale! (See dates below!) We have to thin out the merchandise in the shop to make way for all the new goodies! “Summertime at the Garret” will launch Monday, June 25th at 10:00 a.m. with an amazing variety of new and unusual treasures!

“Dog Days,” one grouping of “Summertime at the Garret,” will feature 40 figurines of our canine companions in various breeds and poses. For a couple of months now I have eyeballed a massive Afghan Hound reclining majestically atop a shelf in the back room. The figure must span two to three feet across at the bottom commanding full attention! I find myself intrigued by this regal pup, wondering where it came from and where it will find its next home. We have many books, paintings, and prints of dogs, plus costumes for their dress-up delight! Woof!

You will find a wide selection of “summertime” jewelry- costume and otherwise... everything from earrings, necklaces, and bracelets to watches, belt buckles, and rings! We have 14c gold and opal earrings, plus a lovely purple freshwater pearl necklace. Diamonds may be a girl’s best friend, but so are opals, freshwater pearls, and a few other semi-precious stones I can conjure up!

Our artwork continues to be impressive! We’ve got a framed color etching by Henri Jourdain, two Currier (pre-Ives) lithographs circa 1860- “Morning Prayer” and “Evening Prayer,” a high desert watercolor by Bay Area artist Camille Young, and that’s just for starters! Don your art smock and come on down!

In honor of the Fourth of July, we present Red, White, and Blue- clothing, jewelry, and flags! Also on hand...linens, books, sheet music, postcards, magazines, military clothing, uniforms and camouflage! Two of our uniforms date back to World War II- from 1942 and 1945!

Odds and ends to check out- a sampling of vintage board games- 1959-1980, frames and mirrors- some with convex glass, a wooden Noah’s Ark, approximately 6” x 12,” with all the animals stored inside two-by-two!

One of the nicest finds at the Garret can be the rediscovery of something you’d forgotten about from your youth. In the early ’60’s I REALLY wanted Santa to bring me “Rocket Shoes.” They were clown-like footgear with giant springs attached to the bottoms and you were supposed to be able to leap- “boing, boing, boing”- up and down in them. I fantasized about bouncing around the neighborhood and impressing my friends with my amazing Rocket Shoes and, maybe, even being taller than my older sister with them on! Well, I didn’t get them. I soon got over it...never even thought much about them again until about 20 years ago when they arrived at the Garret, mint in box! Oh, wow! They were so cool! I wanted to buy them in the worst way, even though they weren’t even my size... just to have them. I resisted the purchase but the sheer joy of seeing and holding them was unforgettable! You never know what you’re going to stumble upon at the Garret! The element of surprise is priceless! Treat yourself!

DON’T MISS OUR BACK-TO-BACK GALAS!

June 18-19......25% OFF
June 20-21......50% OFF
June 22-23......75% OFF
June 25.........Summertime at the Garret

Chill the lemonade and pull your swim duds out of dry dock!

Savor the summer!
With Continued Appreciation:

By the time this Missile reaches you, I hope to be back with you or very soon! I want to share again my heartfelt appreciation to so many of you who have remembered me during this long period with cards, e-mails, phone calls, visits, flowers, balloons, other remembrances. Your caring, concern and support have warmed my heart and been most humbling. Your caring definitely aided my recuperation! I have missed everyone so much and look forward to seeing you all soon! Two other volunteer services which were not mentioned previously AND which I observed in action were the Pre-Op team and our Hospital Musicians. Bravo again to all of our volunteers!

I also want to take this opportunity to thank our incredible Volunteer Office staff members who have stepped up to handle more duties than usual during this period. KUDOS to Rose Telucci-Skotvold, Katie Moore, Patti Sparks and Yvonne Halvorson. We are certainly blessed with a great team! Thank you, ladies, from the bottom of my heart for all you do each day and your extra efforts during this time!

John Muir Health Leases Building at 1450 Treat in Walnut Creek to Deliver Range of Outpatient Medical Services Under One Roof: (from a Corporate Communications Press Release)

John Muir Health has signed a long-term lease for 144,000 square feet of space at 1450 Treat Blvd., to open the John Muir Health Outpatient Center, Walnut Creek. The center, which is projected to open at the end of 2013, will house primary care physicians, some specialists, an Urgent Care Center, patient education, laboratory and imaging services – all in one convenient location for patients.

John Muir Health will invest approximately $40 million to construct and equip the tenant improvements which are being designed by NBBJ, a well-known health care architecture firm based in Seattle. The facility is part of the organization’s commitment to providing patients with high-quality outpatient services in a patient friendly, convenient and cost effective environment.

The Walnut Creek Outpatient Center will allow patients to access a range of medical services under one roof rather than traveling to multiple sites for various services,” said Lee Huskins, interim president and CEO of John Muir Health’s Physician Network. “This will be more convenient for our patients, allow us to better work as a team to coordinate their care and enhance the patient experience.”

The building is located next to John Muir Health’s corporate offices at 1400 Treat Blvd., and is conveniently located just off of Interstate 680 and a short walk from the Contra Costa Centre/Pleasant Hill BART station. There will also be ample onsite parking.

Approximately 70,000 square feet of the building will be used for medical services allowing space for up to 45 physicians, as well as clinical support staff – registered nurses, medical assistants and case managers. The Urgent Care Center, which will be located adjacent to lab and imaging services, will have space for several onsite physicians, exam rooms and procedure rooms.

“With the advent of health care reform, we continue to look at how we can deliver care using different models and best practices,” said Huskins. “This new facility fits that strategy by consolidating many of our smaller physician practices into one larger center that enhances physician collaboration, knowledge sharing and care management to ensure our patients are getting the care, especially preventive care, needed to stay healthy.”

The non-medical space in the building will be used as office space, allowing John Muir Health to centralize administrative functions from a number of locations into one campus incorporating 1400 and 1450 Treat, a more efficient and cost-effective use of space.

We decided to lease an existing property rather than building from the ground up to reduce time to market for this important facility for our patients. It also allows us to consolidate physician practices and office space to reduce our capital and operating costs,” said Michael Monaldo, vice president of Facilities Development and Corporate Real Estate for John Muir Health. “After investing more than $800 million in new building projects at our Concord and Walnut Creek medical centers, we are continuing to invest in our community with the new Walnut Creek Outpatient Center and other outpatient facilities.”

CPICU Remodel Project:

On May 21st, the process for remodeling CPICU (2North) began. Work is scheduled to be completed by the end of July 2012. The CPICU will be getting new bedside monitors as well as a much needed “refresh” of the unit. Because of the extensive work that needs to be done, the unit will be vacated during construction. CPICU is temporarily relocated to the Neurosciences Stepdown Unit (NSD). NSD rooms have all the equipment necessary to accommodate critically ill patients, i.e.: bedside monitors, TeleICU capability and the central station.

During this period, the Neuro Stepdown and Stepdown patients will move back to the NCOR rooms in PCU, and the stable PCU level patients who cannot be accommodated in the PCU will go to CDU (Clinical Decision Unit) on 3South.
The Music Box

As you know, our first Hospital Musician, John Gruenstein, has provided this service for over 10 years. He has recruited a few new musicians and I was fortunate to have John and Wesley Cohen play for me during my recent hospitalizations at JMWC. Their performances were such a treat. I will never forget either of them! This is such an inspired service. If you know any musicians who play the guitar, violin, flute, handheld harp, or other such “mobile” and soothing instruments, please contact us. Below is John’s latest story.

Give Yourself to Love

Do you ever get a song in your head and find you’re singing it all the time? For the last few weeks, my song has been, “Give Yourself to Love” by Kate Wolf. I just seem to be singing it to patient after patient, at a folk jam and an open mic event, even for my meditation group and my Spanish class. When I sang it for your columnist, Roxanne Foster, she liked it so much that she asked for the music. Can’t imagine why I am playing it so frequently…hmm…oh, yes, now I know. It must be because I played it at the wedding ceremony of my daughter, Elizabeth, former John Muir student volunteer, on April 28, with our JMWC Director of Pastoral Care, Dwane Michael officiating. Yup, guess that must be the reason!

John

The Galleria

Was your Mother’s Day last month absolutely wonderful? Now it’s Dad’s turn to feel special! And if there is a lucky graduate in your house or your heart, you have a great reason to celebrate! Guess what? You can find such great gifts for Father’s Day, Graduation, Birthdays, Get Well, or just a simple Thinking of You tribute at the Muir Galleria Gift Shop. So you can see, June offers many great reasons to shop here. For example, how would Dad, or your favorite Grad like a box of chocolates, an intriguing paperback, an interesting book or a fun floral or balloon bouquet?

Look for this new book called, “The Funny Thing About Fatherhood” by Bonnie Louise Kuchler. This wonderful book is a special tribute to dads, which keeps things on the light side with comical quotes and fantastic animal images capturing a whole herd of funny and sweet aspects of fatherhood. An example to be found in this book is Ed Asner’s quote, “Raising kids is part joy and part guerilla warfare. ”

You’ll also find a great selection of cards for every occasion. Or, if you need a new outfit to wear to those special events, you’ll want to take a look at what our apparel and jewelry departments have to offer. To name a few, you’ll find scarves, jackets, hats, bags, skirts, tees and tanks, necklaces, bracelets, watches, earrings, and more!

We hope to entertain you with music, smiles, and the desire to help you find whatever you need or want to make your experience here a good one. Our Buyers are looking forward to the trade shows this summer, which means lots of new merchandise will be on its way by the time school is back in session.

Has your volunteer uniform seen better days? Or would you like to have a different style? All current volunteers are now eligible for a 10% discount on the purchase of a new uniform. Just show your ID badge to our cashier to receive the savings.

Dates to remember

June 25th and 26th are the dates you will find Dan Lindstedt and his beautiful display of Thai jewelry in the Epstein 1 conference room. If you weren’t lucky enough to catch him last year, be sure to stop by this year, because his merchandise is fabulous.

Many, many thanks, again, to our dedicated volunteers who work here faithfully and cheerfully to make Muir Galleria such a special place. Thanks, too, to those of you who support our goals by shopping here regularly. We couldn’t do it without you!

HAVE A GREAT SUMMER!

Karen
Volunteer Week Celebration and Brunch
Celebrated Thursday April 19
in The Ball Auditorium - JMMC Walnut Creek
Volunteer Week Celebration and Brunch
Celebrated Thursday April 19
in The Ball Auditorium - JMMC Walnut Creek
California Hospitals Face Increasingly Tough Times.

Art Sponseller, President and CEO, for the Hospital Council of Northern and Central California, was the keynote speaker. He detailed specifics which exert extraordinary pressures on hospitals.

Cost Pressures:
In California’s population of 36 million, 6.6 million are uninsured and 3 million are undocumented. Those with no insurance, charity patients, cost hospitals $3.6 billion annually. Most hospital care is provided to those covered by government programs. Medical patients cost hospitals $4.6 billion annually as 18% of care costs are not funded. Medicare patients cost hospitals $4.6 billion annually as 27% of care costs are not funded. In aggregate, California hospitals lose $12.2 billion annually. As a result, 50% of our hospitals operate in the red.

Financial Pressures:
The decline in the value of assets severely impacted foundations. No longer was sufficient capital available to meet needs or to support access to the capital markets. The unfunded seismic compliance mandate is estimated to be about $110 billion. Over 50% of California hospitals cannot secure the capital to fund their seismic mandate.

Recession Pressures:
The “recession population” lost both their jobs and employer paid healthcare. Thus, hospitals lost the revenues from employer health coverage. Some folks, unable to pay deductibles and cost sharing in a doctor’s office, now go to the emergency department for primary care.
In addition, the number of elective procedures has declined. In short, the unreimbursed portion of health care cost has increased and the partially reimbursed portion has shrunk.
Charity cases are up. Bad debt is up.
The good news is that John Muir Health seems to be remarkably resilient. Our management has led us to a successful Phase IV completion while maintaining a strong financial position.
How fortunate we are to be right here!

Dirk

Notes from the 2010 CAHHS Convention
(California Association of Hospitals and Health Systems)

The Wig Source...
The Wig Source, part of the John Muir Medical Center Auxiliary and In-service Volunteers, is a free community service. They help women and girls of all ages suffering from hair loss due to various medical treatments and conditions.

They are located on the ground floor in The Women’s Health Center...
1656 N. California Blvd. Walnut Creek, CA 94596

Days of operation are...
2nd and 4th Friday of each month
Hours of operation are...
9:30 a.m. to 12:30 p.m.

Call (925) 947-5328 for appointments.
OK

WE’RE SITTING UP!

AND BEGGING!

So be a good volunteer and come on out to the Orinda Country Club on Monday, September 24th and help make this year’s annual Auxiliary Golf Tournament as successful a fund raiser for the hospital as it’s been in prior years.

Fill out the sign-up form on the back of this page, get it back to us and we’ll contact you to work out all the details of when, where, and how.
It’s the 26th Annual

JMMC Auxiliary

Golf Tournament

and

Yes, I’ll be glad to help out as a volunteer on

Monday, September 24, 2012 at Orinda Country Club.

Name: _____________________________________

Address: ___________________________________

___________________________________

___________________________________

Phone: ____________________

I am a golfer: ___ I am not a golfer: ___

I already have a Volunteer polo shirt: ___

Please loan me a Shirt. Size:    sm. __ med. __ lg. __ xl. __ xxl. __

I can work: 1st shift (10:15-2:15) ___

2nd shift (2:00-5:30) ___

either shift ___

both shifts ___

I have volunteered at the tournament before: yes ___ no ___

If yes, what positions have you filled? __________________________

__________________ ________

Many thanks for your help. You can either drop this off in the
Golf Tournament boxes in the Volunteer office or Welcome Center,
or mail it to: Elaine Laderer
400 Brutus Ct.
Walnut Creek, CA. 94598

If you have any questions, or need additional information please call Elaine at;
(925) 943 - 1392
In May, the Walnut Creek Docents were treated to a tour of the Concord campus. After a warm welcome by Cathie Horton, we were guided by Al, Doug, Janet, Joyce, Mike and Pat – the freshly minted Concord Docent team.

The jewel in the Concord campus crown is the six-floor Hofmann Patient Care Tower, which opened in 2010. The tower houses an expanded Emergency Department and the Cardiovascular Institute (CVI). Four floors are currently in use, with 61 of the 120 beds available.

The ED has 2 triage rooms, 3 trauma rooms and 29 private treatment rooms. With 4 nurses’ stations, the ED can handle up to 45,000 patient visits annually. Although any patient could be seen in any of the treatment rooms, some rooms have special uses. One is an isolation room for infectious or contaminated patients. It has a self-contained shower facility to prevent the spread of contamination. Two rooms are dedicated to orthopedic patients, and one specially equipped room is used for psychiatric observation. Like the Walnut Creek campus, the ED has a 64 slice CT machine.

On the garden level of the Hofmann Tower is the CVI Cath Lab with 5 treatment rooms for non-invasive procedures, such as pacemaker implantation and angiograms. (Invasive cardiac procedures, such as open heart and bypass surgery are performed in the main building.) There are 16 pre-op/post-op spaces, a combination of beds and chairs. Room 5 is used for special procedures, such as the groundbreaking work in aortic valve replacement. The Concord CVI boasts a Door to Balloon time of 54 minutes. This means that for a patient arriving by medical transport, life-saving procedures are started in less than an hour from the time the CVI is notified. The national average is 90 minutes. The CVI performs 3500 procedures annually, which is 47% of all cardiac procedures in Contra Costa County.

The second floor of the tower has 12 intensive care rooms, with iBeds and eICU monitoring. There are also 17 PCU rooms, with sleep chairs to accommodate family members. The third floor has 32 telemetry beds. Fifteen are dedicated to patients from the Cath Lab, and 17 are for other cardiac and stroke patients. The fourth and fifth floors are not currently in use.

Next we visited the main part of the hospital. Originally opened in 1938 as a 12 bed urgent care facility, it has been known as Concord Community Hospital, Mt Diablo Hospital, and now John Muir Medical Center - Concord Campus. In 1946, the hospital expanded from 12 to 38 beds. Now with over 300 beds, the medical center has 4 wings, with 3 – 6 floors in each. In addition to the expert staff, nurses and physicians, there are 350 volunteers.

The A through C wings house admitting, imaging, pre-op, post op, surgery, patient rooms, as well as the cafeteria, and gift shop. The Cancer Center is located in the D Wing. Patients are evaluated and treated using the latest technologies in medical and radiation oncology. As a service to the community, the Cancer Center does free prostate screenings annually.

We thoroughly enjoyed our tour and appreciate the opportunity to learn more about John Muir Health. One last factoid – Elevator 4 in Wing C is the oldest continually operating elevator in the county! It dates back to 1946.

Mauna

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Mauna Wagner: Docent

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Art Exhibit

Mount Diablo Adult Education

For detailed information about this exhibit contact... the Association chairperson, Patricia Strout (925)691-9758

Oakland Art Society

July 14 - August 24

For detailed information about this exhibit contact... the Association chairperson, Gisela Volkmer (925)283-0432

Exhibit Location - corridor of the Aspen Surgery Center - first floor of the parking structure. Monday through Friday 8:00 a.m. to 5:30 p.m.
Calendar of Events for 2012

**JUNE**
- 14 Missile Mailing  Cafeteria  9:00 a.m.
- 19 Docent Meeting  Member’s Home  11:00 a.m.
- 25 Auxiliary Board  Hanson  9:00 a.m.
- 25 Executive Committee  Hanson  10:30 a.m.
- 26 Mariposa Guild Meeting  Restaurant  TBA

**JULY – NO MISSILE**
- 4 HAPPY BIRTHDAY USA  VOLUNTEER OFFICE CLOSED
- 6 Golf Meeting  Sterns  9:30 a.m.
- 10 Yarns R Us  Women’s Health Center  9:30 a.m.-noon
- 20 Teddy Bear Meeting  Mariposa  10:00 a.m.-noon
- 27 MISSILE DEADLINE Aug.  Aux President & to Editor  Friday Noon

**AUGUST**
- 3 Golf Meeting  Sterns  9:30 a.m.
- 9 Missile Mailing  Epstein  9:00 a.m.
- 17 Teddy Bear Meeting  Mariposa  10:00 a.m. – noon
- 31 MISSILE DEADLINE Sept.  Aux President & to Editor  Friday Noon

**IMPORTANT SCHEDULING ANNOUNCEMENT SEPTEMBER.**
- 10 Executive Committee  Sequoia 2  9:30 a.m. noon
- Sept. 17 Auxiliary Board  Epstein 1  9:30 a.m. noon

**NOTES:**
- 1. Check postings in hall for possible room changes.
- 2. Garret Staffing for June, July, August.........Staff and Board